



Firefly

Breakfast

To place your order, please use the **Daios Cove App** or call the **Firefly team** on number **10**

Opening Hours 6.30 am - 11.30 am ♦ Last Order at 11.15 am

Kindly be informed that a service fee of 15€ is applied per breakfast order

ALLOW US TO SERVE BREAKFAST IN YOUR ROOM, AT THE HOUR OF YOUR CHOICE

6.30 - 7.00 ____ 7.30 - 8.00 ____ 8.30 - 9.00 ____ 9.30 - 10.00 ____ 10.30 - 11.00 ____

7.00 - 7.30 ____ 8.00 - 8.30 ____ 9.00 - 9.30 ____ 10.00 - 10.30 ____ 11.00 - 11.30 ____

NAME _____

ROOM NO _____ **NUMBER OF PERSONS** _____ **DATE** _____

WITH OUR COMPLIMENTS

CHOICE OF ONE PER PERSON

JUICES

Quantity

Fresh Orange Juice

Grapefruit Juice

Tomato Juice

Pineapple Juice

Fresh Mixed Juice

COFFEE - TEA - CHOCOLATE

Quantity

Filter Coffee

Decaffeinated Filter Coffee

English Breakfast Tea (served with thyme honey and lemon)

Earl Grey

Green Tea

Jasmine

Peppermint

Hot Chocolate (milk of your preference)

Cold Chocolate (milk of your preference)

SERVED WITH

Low Fat Cow's Milk

Full Fat Cow's Milk

Goat's Milk

Lactose Free Milk

Unsweetened Almond Milk

Unsweetened Coconut Milk

Unsweetened Soy Milk

NOTES / ALLERGIES

WITH OUR COMPLIMENTS

CHOICE OF ONE PER PERSON

BAKER'S BASKET

| | Quantity |
|---|----------|
| Bread Rolls VG | ___ |
| Brioche, Vanilla & Chocolate Cakes VG | ___ |
| Croissant Basket (butter croissant, chocolate croissant, raisin croissant, strudel) VG | ___ |
| Biscuits (coconut, cinnamon, chocolate) VG | ___ |
| Toasted Bread Selection (white and whole wheat) VG SF DF | ___ |

SERVED WITH

| | |
|-------------------------|---------------|
| Butter ___ | Margarine ___ |
| Marmalade Selection ___ | Honey ___ |
| Hazelnut Praline ___ | Agave ___ |

EGGS

| | Quantity |
|---|---------------------------------|
| Boiled Eggs (min ___) VG GF SF DF NF | ___ |
| Omelette VG GF SF NF | ___ |
| Scrambled Eggs VG SF NF | ___ |
| Fried Eggs VG SF DF NF | Sunny Side Up ___ Over Easy ___ |
| (each serving contains 2 eggs) | |
| Poached Eggs VG SF DF NF | ___ |
| (each serving contains 2 eggs) | |

All eggs are served with roasted cherry tomatoes and valerian leaves

SERVED WITH

| | | |
|--------------------|---------------|---------------------------------|
| Gruyère cheese ___ | Bacon ___ | Baked beans V SF DF ___ |
| Pork sausage ___ | Mushrooms ___ | Potato croquettes VG ___ |

NOTES / ALLERGIES

À LA CARTE

COFFEE SELECTION

| | Quantity |
|-------------------------|----------|
| Espresso 5.5€ | ___ |
| Cappuccino 7€ | ___ |
| Espresso Macchiato 5.5€ | ___ |
| Latte 7€ | ___ |
| Americano 6€ | ___ |

SERVED WITH

| | |
|--------------------------|-----|
| Low Fat Cow's Milk | ___ |
| Full Fat Cow's Milk | ___ |
| Goat's Milk | ___ |
| Lactose Free Milk | ___ |
| Unsweetened Almond Milk | ___ |
| Unsweetened Coconut Milk | ___ |
| Unsweetened Soy Milk | ___ |

YOGHURT AND FRUITS

| | Quantity |
|--|----------|
| Low Fat Yoghurt VG GF SF NF 9€ | ___ |
| Full Fat Yoghurt VG GF SF NF 9€ | ___ |
| Soy Yoghurt V GF DF NF 12€ | ___ |
| Goat's Yoghurt VG GF SF NF 9€ | ___ |
| Yoghurt with Seasonal Fruits VG GF SF NF 10€ | ___ |
| Yoghurt with Thyme Honey and Walnuts VG GF SF 12€ | ___ |
| Fruit Salad VG GF SF DF NF 10€ | ___ |

INFUSIONS

| | Quantity |
|---|----------|
| Dittany 7€ | ___ |
| Chamomile 7€ | ___ |
| Greek Mountain Tea 7€ | ___ |
| Lemon Verbena Tea 7€ | ___ |
| Mint Tea 7€ | ___ |
| Pure Peace Tea 7€ <i>(lavender, chamomile, marjoram, linden, lemon balm)</i> | ___ |
| Pure Happiness Tea <i>(mint, verbena)</i> 7€ | ___ |

SMOOTHIES

| | Quantity |
|---|----------|
| Greek Yoghurt & Fruit VG GF SF NF 10€ <i>(greek yoghurt, thyme honey, apple, kiwi, banana, pear)</i> | ___ |
| Strawberry & Banana VG GF SF 10€ <i>(strawberries, banana, peanut butter, cow's milk)</i> | ___ |
| Choco Protein V GF DF 10€ <i>(soy milk, peanut butter, cocoa, chia seeds, Ceylon cinnamon, vanilla extract)</i> | ___ |
| Green Goddess V GF DF 10€ <i>(soy milk, baby spinach, cucumber, green apple, kiwi, banana, chia seeds, agave syrup)</i> | ___ |
| Piña Colada V GF SF DF NF 10€ <i>(coconut milk, pineapple, banana)</i> | ___ |

NOTES / ALLERGIES

À LA CARTE

CEREALS

| | Quantity | SERVED WITH | |
|---------------------------------------|----------|--------------------------|-------------------|
| Corn Flakes 9€ | ___ | Low Fat Cow's Milk | Warm ___ Cold ___ |
| Whole Wheat Corn Flakes 9€ | ___ | Full Fat Cow's Milk | Warm ___ Cold ___ |
| Choco Flakes 9€ | ___ | Goat's Milk | Warm ___ Cold ___ |
| Muesli 9€ | ___ | Lactose Free Milk | Warm ___ Cold ___ |
| Rice Krispies 9€ | ___ | Unsweetened Almond Milk | Warm ___ Cold ___ |
| Homemade Granola with Dried Fruit 12€ | ___ | Unsweetened Coconut Milk | Warm ___ Cold ___ |
| Gluten Free Corn Flakes 10€ | ___ | Unsweetened Soy Milk | Warm ___ Cold ___ |

NOTES / ALLERGIES

SAVOURY

| | Quantity | SWEET | | Quantity |
|--|----------|--|--|----------|
| Koulouri with cream of Feta cheese, fried eggs, herbs and spicy oil VG SF 14€ | ___ | Pancakes served with thyme honey, chocolate praline and chopped fruit salad on the side VG 15€ | | ___ |
| Smoked salmon poached eggs served with Hollandaise sauce SF 16€ | ___ | Oreo Pancakes served with thyme honey, chocolate praline and chopped fruit salad on the side VG 18€ | | ___ |
| Ham Poached Eggs served with Hollandaise sauce SF 14€ | ___ | Waffles served with thyme honey, chocolate praline and chopped fruit salad on the side VG 15€ | | ___ |
| Cheese & Charcuterie Selection 17€ | ___ | Rice Pudding served with cinnamon and coconut chips VG SF 9€ | | ___ |
| Smoked Salmon Pancakes SF NF 22€ (cream cheese, avocado, baby rocket) | ___ | Bircher Muesli VG 10€ (muesli, raisins, green apple, honey, milk, yoghurt, cinnamon) | | ___ |
| | | French Toast with peanut butter, fruit and nut mix VG 16€ | | ___ |
| | | Butterscotch French Toast with banana cream, chopped banana and pecan nuts VG 18€ | | ___ |

NOTES / ALLERGIES

À LA CARTE

KĒPOS WELLNESS

Quantity

Acai Bowl served with chia seeds, dried figs and seasonal fruits **VGF DF** 18€ _____

Tofu Shakshuka with tempeh, avocado, peppers and tomato sauce **VDF** 20€ _____

Avocado on Toast

Plain **VDF** 14€ _____ Poached egg **VG DF** 18€ _____ Fried egg **VG DF** 18€ _____

Vegan Banana Pancakes with pecan nuts and maple syrup **VGF DF** 18€

Slices of Smoked Salmon with cream cheese **GF SF NF** 24€ _____

Porridge served with agave syrup (oats with milk of your preference) **V** 10€ _____

SERVED WITH

Low Fat Cow's Milk _____ Full Fat Cow's Milk _____ Goat's Milk _____

Lactose Free Milk _____ Unsweetened Almond Milk _____

Unsweetened Coconut Milk _____ Unsweetened Soy Milk _____

NOTES / ALLERGIES

V Vegan

VG Vegetarian

GF Gluten free

SF Soy free

DF Dairy free

NF Nut free