



Firefly

Breakfast

To place your order, please use the **Daios Cove App** or call the **Firefly team** on number **10**

Opening Hours 6.30 am - 11.30 am ♦ Last Order at 11.15 am

Kindly be informed that a service fee of 15€ is applied per breakfast order

ALLOW US TO SERVE BREAKFAST IN YOUR ROOM, AT THE HOUR OF YOUR CHOICE

6.30 - 7.00 ____ 7.30 - 8.00 ____ 8.30 - 9.00 ____ 9.30 - 10.00 ____ 10.30 - 11.00 ____
7.00 - 7.30 ____ 8.00 - 8.30 ____ 9.00 - 9.30 ____ 10.00 - 10.30 ____ 11.00 - 11.30 ____

NAME _____

ROOM NO _____ **NUMBER OF PERSONS** _____ **DATE** _____

WITH OUR COMPLIMENTS

CHOICE OF ONE PER PERSON

JUICES

Quantity

Fresh Orange Juice

—

Grapefruit Juice

—

Tomato Juice

—

Pineapple Juice

—

Fresh Mixed Juice

—

COFFEE - TEA - CHOCOLATE

Quantity

Filter Coffee

—

Decaffeinated Filter Coffee

—

English Breakfast Tea (served with thyme honey and lemon)

—

Earl Grey

—

Green Tea

—

Jasmine

—

Peppermint

—

Hot Chocolate (milk of your preference)

—

Cold Chocolate (milk of your preference)

—

SERVED WITH

Low Fat Cow's Milk

—

Full Fat Cow's Milk

—

Goat's Milk

—

Lactose Free Milk

—

Unsweetened Almond Milk

—

Unsweetened Coconut Milk

—

Unsweetened Soy Milk

—

NOTES / ALLERGIES

WITH OUR COMPLIMENTS

CHOICE OF ONE PER PERSON

BAKER'S BASKET

Quantity

- Bread Rolls **VG** _____
- Brioche, Vanilla & Chocolate Cakes **VG** _____
- Croissant Basket (butter croissant, chocolate croissant, raisin croissant, strudel) **VG** _____
- Biscuits (coconut, cinnamon, chocolate) **VG** _____
- Toasted Bread Selection (white and whole wheat) **VG SF DF** _____

SERVED WITH

- Butter _____ Margarine _____
- Marmalade Selection _____ Honey _____
- Hazelnut Praline _____ Agave _____

EGGS

Quantity

- Boiled Eggs (min _____) **VG GF SF DF NF** _____
- Omelette **VG GF SF NF** _____
- Scrambled Eggs **VG SF NF** _____
- Fried Eggs **VG SF DF NF** Sunny Side Up _____ Over Easy _____
(each serving contains 2 eggs)
- Poached Eggs **VG SF DF NF** _____
(each serving contains 2 eggs)

All eggs are served with roasted cherry tomatoes and valerian leaves

SERVED WITH

- Gruyère cheese _____ Bacon _____ Baked beans **V SF DF** _____
- Pork sausage _____ Mushrooms _____ Potato croquettes **VG** _____

NOTES / ALLERGIES

À LA CARTE

COFFEE SELECTION

	Quantity
Espresso 6€	___
Cappuccino 7€	___
Espresso Macchiato 6€	___
Latte 7€	___
Americano 7€	___

SERVED WITH

Low Fat Cow's Milk	___
Full Fat Cow's Milk	___
Goat's Milk	___
Lactose Free Milk	___
Unsweetened Almond Milk	___
Unsweetened Coconut Milk	___
Unsweetened Soy Milk	___

YOGHURT AND FRUITS

	Quantity
Low Fat Yoghurt VG GF SF NF 9€	___
Full Fat Yoghurt VG GF SF NF 9€	___
Soy Yoghurt V GF DF NF 12€	___
Goat's Yoghurt VG GF SF NF 9€	___
Yoghurt with Seasonal Fruits VG GF SF NF 12€	___
Yoghurt with Thyme Honey and Walnuts VG GF SF 12€	___
Fruit Salad V GF SF DF NF 12€	___

INFUSIONS

	Quantity
Sage 7€	___
Chamomile 7€	___
Greek Mountain Tea 7€	___
Lemon Verbena Tea 7€	___
Mint Tea 7€	___

SMOOTHIES

	Quantity
Greek Yoghurt & Fruit VG GF SF NF 10€ <i>(greek yoghurt, thyme honey, apple, kiwi, banana, pear)</i>	___
Strawberry & Banana VG GF SF 10€ <i>(strawberries, banana, peanut butter, cow's milk)</i>	___
Choco Protein V GF DF 10€ <i>(soy milk, peanut butter, cocoa, chia seeds, Ceylon cinnamon, vanilla extract)</i>	___
Green Goddess V GF DF 10€ <i>(soy milk, baby spinach, cucumber, green apple, kiwi, banana, chia seeds, agave syrup)</i>	___
Piña Colada V GF SF DF NF 10€ <i>(coconut milk, pineapple, banana)</i>	___

NOTES / ALLERGIES

À LA CARTE

CEREALS

	Quantity	SERVED WITH	
Corn Flakes 9€	___	Low Fat Cow's Milk	Warm ___ Cold ___
Whole Wheat Corn Flakes 9€	___	Full Fat Cow's Milk	Warm ___ Cold ___
Choco Flakes 9€	___	Goat's Milk	Warm ___ Cold ___
Muesli 9€	___	Lactose Free Milk	Warm ___ Cold ___
Rice Krispies 9€	___	Unsweetened Almond Milk	Warm ___ Cold ___
Homemade Granola with Dried Fruit 12€	___	Unsweetened Coconut Milk	Warm ___ Cold ___
Gluten Free Corn Flakes 10€	___	Unsweetened Soy Milk	Warm ___ Cold ___

NOTES / ALLERGIES

SWEET

	Quantity
Pancakes served with thyme honey, chocolate praline and chopped fruit salad on the side VG 16€	___
Oreo Pancakes served with thyme honey, chocolate praline and chopped fruit salad on the side VG 18€	___
Banana Pancakes with pecan nuts and maple syrup V GF DF 22€	___
Waffles served with thyme honey, chocolate praline and chopped fruit salad on the side VG 16€	___
Rice Pudding served with cinnamon and coconut chips VG SF 9€	___
Bircher Muesli (muesli, raisins, green apple, honey, milk, yoghurt, cinnamon) VG 11€	___
French Toast with peanut butter, fruit and nut mix VG 18€	___
Butterscotch French Toast with banana cream, chopped banana and pecan nuts VG 18€	___

NOTES / ALLERGIES

À LA CARTE

SAVOURY

	Quantity
Koulouri with cream of feta cheese, fried eggs, herbs and spicy oil VG SF 14€	___
Smoked Salmon Poached Eggs served with hollandaise sauce SF 18€	___
Ham Poached Eggs served with hollandaise sauce SF 16€	___
Cheese & Charcuterie Selection 18€	___
Smoked Salmon Pancakes (cream cheese, avocado, baby rocket) SF NF 24€	___
Slices of Smoked Salmon with cream cheese GF SF NF 26	___

KĒPOS WELLNESS

	Quantity
Acai Bowl served with chia seeds, dried figs and seasonal fruits V GF DF 18€	___
Tofu Shakshuka with avocado, peppers and tomato sauce V DF 19€	___
Avocado on Toast:	
Plain V DF 14€	___
Poached egg VG DF 18€	___
Fried egg VG DF 18€	___
Porridge served with agave syrup (oats with milk of your preference) V 10€	___

SERVED WITH

Low Fat Cow's Milk	___
Full Fat Cow's Milk	___
Goat's Milk	___
Lactose Free Milk	___
Unsweetened Almond Milk	___
Unsweetened Coconut Milk	___
Unsweetened Soy Milk	___

NOTES / ALLERGIES

V Vegan

VG Vegetarian

GF Gluten free

SF Soy free

DF Dairy free

NF Nut free